SOCIALLY EFFECTIVE RESPONSES WORK with other people...and help them want to be with me!

The Social Response Pyramid™

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Evaluate & FIX:
Was it effective?
What did I learn?
Should I start over?
What can I do next time?

What's my goal?
Authentic vs. Socially Effective Response
What will work for myself and others?
What has worked in the past or for others?
What are my choices? What's my plan?

STRATEGIZE

STOP
Evaluate/gather information about:
MY CONTEXT/SOCIAL CONTEXT
What do we know, like, expect, believe, remember, feel, etc.? How does this affect the way we interact with each other?

DON'T GET STUCK HERE!